

**Protein Bar** This deliciously chewy bar is packed with 12 grams of protein, 23 vitamins and minerals, plus soluble fiber, to help control your hunger with only 170 calories. Rich in protein, ShapeWorks™ Protein Bar is an ideal protein snack or protein boost on the go.

**†1 Gram**  
Net Impact  
Carbs  
per Serving

\*Net-impact carbs include only those carbohydrates that cause a noted impact on blood sugar and insulin response. Fiber, sugar alcohols (glycerine and maltitol) and other carbohydrates are excluded.

**DIRECTIONS:** One or two bars per day for healthy snacking and weight loss. For variety, try our other delicious protein-rich snacks, too.

**INSTRUCCIONES:** Una o dos barras al día para disfrutar un bocadillo saludable y perder de peso. Para variar, también pruebe nuestros otros bocadillos ricos en proteínas.

**CONTIENE INGREDIENTES DE LECHE Y SOYA. PUEDE CONTENER TRAZAS DE OTROS FRUTOS SECOS Y SEMILLAS.**

Store in a cool and dry place.

We offer a **30-day money-back guarantee** to assure your complete satisfaction. This exclusively formulated product is only available through Herbalife Independent Distributors.

†1 gram represents carbohydrates which have an insulin-stimulating response. Other carbohydrates in the bar are derived from sugar alcohols, which are metabolized to fatty acids in the intestine, and fiber, neither of which stimulates a significant insulin response.

## Nutrition Facts

Serving Size: 1 Bar (41.8 g)  
Servings Per Carton: 14

Amount per Serving

Calories 170

Calories from Fat 70

	% Daily Value*
<b>Total Fat</b> 7 g	<b>11%</b>
Saturated Fat 6 g	<b>30%</b>
Trans Fat 0 g	

<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 90 mg	<b>4%</b>
<b>Potassium</b> 115 mg	<b>3%</b>
<b>Total Carbohydrate</b> 17 g <sup>†</sup>	<b>6%</b>
Dietary Fiber 5 g	<b>20%</b>
Sugar 1 g <sup>†</sup>	
Sugar Alcohols 10 g	
Other Carbohydrates 1 g	
<b>Protein</b> 12 g	<b>24%</b>

Vitamin A 20%	•	Vitamin C 15%
Calcium 20%	•	Iron 25%
Vitamin E 30%	•	Vitamin K 20%
Thiamin 20%	•	Riboflavin 20%
Niacin 20%	•	Vitamin B6 20%
Folate 20%	•	Vitamin B12 20%
Biotin 20%	•	Pantothenic Acid 20%
Phosphorus 20%	•	Iodine 20%
Magnesium 15%	•	Zinc 25%

Selenium 20%	•	Copper 25%
Manganese 30%	•	Chromium 20%
Molybdenum 20%		

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65 g	80 g
Sat. Fat	Less Than	20 g	25 g
Cholesterol	Less Than	300 mg	300 mg
Sodium	Less Than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Calories per gram:			
Fat	9	•	Carbohydrate 4
		•	Protein 4

**INGREDIENTS:** Chocolate Flavored Coating [Fractionated Palm Kernel Oil, Maltitol, Milk Protein Concentrate, Cocoa (processed with alkali), Dextrose, Soy Lecithin, Natural Flavor], Glycerine, Coconut (with Sodium Metabisulfite added to retain color), Whey Protein Isolate, Hydrogenated Starch Hydrolysate, Soy Protein Isolate, Casein, Polydextrose, Oligofructose, Calcium Caseinate, Margarine [Canola and Soybean Oil, Water, Fractionated Palm and Palm Kernel Oil, Salt, Mono- and Diglycerides, Soy Lecithin, Soy Protein Isolate, Potassium Sorbate (added to retard spoilage), Natural Flavor, Citric Acid], Milk Mineral Concentrate, Natural Coconut Flavor, Soy Lecithin (with Ascorbyl Palmitate added to protect flavor), Mono- and Diglycerides, Magnesium Oxide, Vitamin and Mineral Premix (Maltodextrin, Ferric Orthophosphate, Ascorbic Acid, D-Alpha Tocopherol Acetate, Niacinamide, Zinc Oxide, Copper Gluconate, Calcium Pantothenate, Manganese Sulphate, Pyridoxine Hydrochloride, Riboflavin, Beta - Carotene, Thiamine Mononitrate, Vitamin A Palmitate, Folic Acid, Biotin, Potassium Iodide, Sodium Molybdate, Sodium Selenite, Phytanadione, Cyanocobalamin, Chromium Chloride), Natural Vanilla Flavor (includes Caramel added for color), Distilled Monoglycerides, Potassium Lactate, Mixed Tocopherols added to protect flavor (Soybean and Canola Oil), Potassium Sorbate, Water and Sucralose (non-nutritive sweetener). **CONTAINS MILK AND SOYBEAN INGREDIENTS. MAY CONTAIN TRACES OF OTHER VARIOUS NUTS AND SEEDS.**



## Protein Bar

Protein-based snack for energy and nutrition

*chocolate coconut*

Naturally Flavored

14 Bars 1.47 oz / 41.8 g EACH (NET WT 20.64 oz / 585.2 g)